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Message from Dr. Gilles Julien, Founding President and Clinical Director

#### A revisited mission, targeted actions, encouraging results

I am delighted to share with you the 2019–20 Annual Report of the Fondation Dr Julien, which outlines our progress in achieving our goals of ensuring access to the highest quality of community social pediatrics care and services for the largest number possible of children whose overall health is compromised by difficult living conditions.

Since 2015, the Government of Quebec has also shared this objective and has supported the Foundation in the deployment of social pediatrics in the community. This partnership involves a 50/50 contribution from the Foundation and the government. To achieve this, the Board of Directors gave the go-ahead last year to implementing a well-adapted strategic plan that puts forward a clearer mission, a new brand and targeted actions in six areas. With prudent and effective financial management, the results achieved to date are very encouraging.

I am very proud to see that many professionals see themselves in our mission and that an increasing number of communities are adopting this unique model of medicine, in Quebec and elsewhere, regardless of their culture. In this regard, I am particularly encouraged by the Quebec government's authorization to provide support to Indigenous communities to make social pediatrics care and services accessible to their children and families.

Furthermore, the Guignolée du Dr Julien fundraiser has continued to be a great success, and donors have renewed their trust in the organization and its mission. As at March 31, 2020, and despite the pandemic, more than 10,400 children were welcomed, cared for and equipped by teams from the 42 social pediatrics centres in Quebec. Together, we aim to reach 12,750 children by 2023, notably by increasing the number of centres.

Thanks to passionate and committed individuals, the Fondation Dr Julien continues to be the leader in the community social pediatrics movement. This recognition carries with it a responsibility to innovate in order to adapt to an ever-changing environment. The creativity of social pediatrics centres has been on display over the past year, particularly during the pandemic, as they were forced to innovate for and with children in order to maintain service delivery. The organization also stepped up its efforts and unleashed its imagination to better support, train and certify community social pediatrics centres. Innovative solutions are already being developed and will take the organization even further. I admire all these teams and their partners and thank them from the bottom of my heart.

Dr. Gilles Julien, C.M., O.Q.

Founding President

Social Pediatrician and Clinical Director



#### **Dear Friends, Partners and Donors:**

It is a great privilege to address all of you today, after an exceptional year at the Fondation Dr Julien. First of all, I would like to sincerely thank the members of the Board of Directors for their confidence. It is with great gratitude and renewed energy that I accepted the position of Executive Director last October, in addition to continuing my role as Director of Finance. Know that I will be very pleased and will make it my duty to lead and support this extraordinary team for the sustainability of the organization and of Dr. Julien's unique practice of community social pediatrics.

As you will see later, our financial position is solid. Owing to our administration's strictness and prudence, the Foundation's sound management is something with which we can be pleased.

The work we began last year, to rise to new challenges and carry our mission towards our ambitious goals, has paid off. In January, management engaged in a strategic planning process that is both bold and realistic to guide our actions over the next three years. Rest assured that we will stay the course on our objectives and on the major projects undertaken to achieve them.

Of course, it is important to point out here that these objectives are in line with those of the Government of Quebec, to which we extend our heartfelt thanks for its close cooperation and support. We are also very pleased to announce that a new funding agreement is being finalized for the next three years to help roll out the network and open new centres. This will allow us to care for and support more and more children in Quebec.

This year, many achievements are worth celebrating. Allow me to list a few. First, our support and certification team raised the level and consistency of support to new communities and made every effort to prioritize and provide assistance for the certification of the network's centres. Our professionals have proven how committed they are to the quality of care and services provided under the unique model developed by Dr. Julien.

The communications team skillfully led the major work on the Foundation's positioning and branding as well as the annual ad campaign for the Guignolée fundraiser. This is something of which we can be proud. The training, research and knowledge transfer group took on more projects, created and produced a first–ever series of podcasts as a training tool, and made a new distance learning platform, worthy of the largest organizations, available online.

Lastly, we cemented our invaluable collaboration with the Alliance québécoise de la pédiatrie sociale en communauté (AQPSC) and with all members of the network. This year-end, marked by the global COVID-19 pandemic, enabled us to clarify and appreciate each other's role and brought us closer together.

I have nothing but optimism about the future, which will undoubtedly be just as rich in achievements.

Thank you again for your confidence.

**Paul Bouthillier**, CPA, CA Executive Director

Director of Finance

Pan Douth



March 2020 will long be etched in our memory. March 13 was the last day that the entire team could be under one roof at the Foundation, on Sainte-Catherine Street. Every step was promptly taken to ensure everyone's safety and to arrange telework. Despite the cancellation of training sessions, certification visits and work meetings, the Foundation's professionals were quick to regroup, and the vast majority were able to continue their work despite the sometimes difficult circumstances.

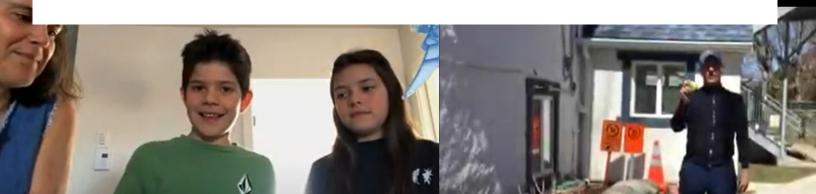
For vulnerable children and families already struggling before the pandemic, this was the beginning of a long period of worry, insecurity, multiple shortages and anxiety. In a matter of days, they saw their vital safety net disappear before their very eyes. All of the Foundation's teams and its three community social pediatrics centres undertook to do what they do best: provide care and support these thousands of children and families.

In the early days, the Foundation was in contact with the Quebec government, which recognized social pediatrics as an essential front-line service. Workers contacted all families, without exception, to ensure their well-being and to maintain a close relationship with these children and families by listening to and supporting them through accessible multimedia channels. The three centres set up a telephone service available seven days a week, expanded their services and did everything they could to mitigate the impact on families. They supported food aid agencies to ensure that no

family was going without the basic necessities by providing food assistance to the most vulnerable families.

Telehealth was implemented after a few weeks, and physicians and clinicians were able to increase the pace and efficiency of their care. An Internet microsite was created to gather information and health advice and to answer the children's and parents' many questions. Social networks were used and many video clips were published and shared throughout the network. The training team developed content and ways to share clinical information in order to support teams of professionals in the network's centres.

At the time of writing, the pandemic was not yet over, but we know that it will have a long-lasting, deep impact on the children and families left behind. COVID-19 will have changed many things that may never again be the same, but it will have confirmed once again that the employees, workers, clinicians, volunteers and donors are even more committed than ever to working together to deliver community social pediatrics services to as many children as possible.





#### Our team, always agile and united

Together, the people at the Fondation Dr. Julien and the teams of the three centres of expertise and training represent close to 100 colleagues committed to serving and defending the rights and interests of the most vulnerable children and families. We wish to thank them publicly and most sincerely for their solidarity, the quality of their work and their tremendous commitment.

#### Board of directors



Dr. Gilles Julien, C.M., O.Q.
Founding President
Social Pediatrician and Clinical Director
Fondation Dr. Julien



François L. Morin Vice-President Partner, Borden Ladner Gervais (BLG)



Pascal Martel, CPA, CA
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Taxation Partner, Province of Quebec



Taxation Partner, Province of Quebec KPMG Canada

Dr. Delphine Collin-Vézina, Ph. D.



Director, Canadian Consortium on Child Trauma and Trauma-Informed Care
Nicolas Steinmetz and Gilles Julien Research Chair in Community
Social Pediatrics

Associate Professor, School of Social Work and Department of Pediatrics McGill University



**Sylvain Arsenault Administrator** President, Partner Prospek



Doryne Bourque Administrator President Hathor Conseils inc.



Michel-Éric Fournelle
Administrator
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Fondation Famille Michel Fournelle



Sophie Légaré Administrator Vice-President, Employee Experience, Personal Banking and Wealth Management National Bank of Canada



Hélène (Sioui) Trudel, C.Q., LL.M.
Co-founder, Lawyer and Certified Mediator
Founding Director, Integrated Law and Social Innovation
Fondation Dr Julien

#### Management team



**Dr. Gilles Julien, C.M., O.Q.**Founding President
Social Pediatrician and Clinical Director



Paul Bouthillier, CPA, CA Executive Director Director of Finance



Hélène (Sioui) Trudel, C.Q., LL.M. Co-founder, Lawyer and Certified Mediator Founding Director, Integrated Law and Social Innovation



**Myriam Hivon**, Ph.D. Director, Training and Research



France Guay
Director, Marketing, Communications and
Philanthropic Development



**Dr. Gaëlle Vekemans**Social Pediatrician
Assistant Clinical Director

# Management of the three community social pediatrics centres of expertise and training



Patrick Coiteux
Executive Director
Music Director, saxophonist
Garage à musique, centre de pédiatrie sociale en communauté



**Vedrana Petrovic**, Ps. Ed. Executive Director Centre de pédiatrie sociale en communauté de Côte-des-Neiges

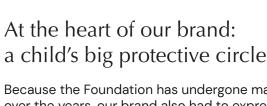


**Tania Pearce**Executive Director
Centre de pédiatrie sociale d'Hochelaga-Maisonneuve



#### Our mission

To mobilize the community so that we have the means to support and increase the number of workers, influence practices and promote our unique community social pediatrics model. We work to ensure sustainability so that the maximum number of vulnerable children can access care and services that respect their fundamental rights.



Because the Foundation has undergone many changes over the years, our brand also had to express this growth and reflect the organization's full calibre. The renewed mission and identity serve the strategy put in place to ensure the sustainability of the organization and of the practice of community social pediatrics. We are convinced that a strong brand identity creates value and becomes part of the collective consciousness over time.



The new logo not only depicts the heart of the model, but also all the depth of action and the organization's structuring mission. The symbol evokes the child's protective circle and all the players that form part of it. The first colourful, organic circle represents meaningful people in the child's life: their family, relatives, friends, caregivers and caring adults who support them through their life journey. The larger circle, which encompasses the whole, represents the entire community, mobilized around the child and their family. Lastly, the 40 coloured areas and the inside circle, which represents the child in the centre of their entourage, refer to the 41 articles of the United Nations Convention on the Rights of the Child, serving as an intervention strategy for Dr. Julien's unique community social pediatrics model.

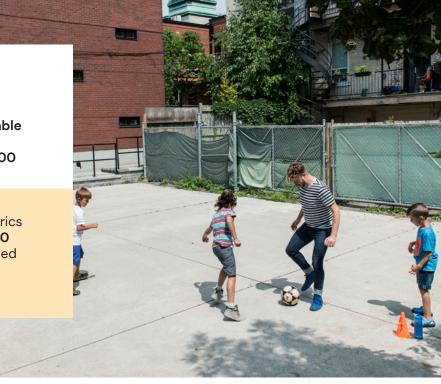
Finally, this identity supports the principle that the well-being of a child depends not only on the role of the child's parents, but also on all those around the child, the entire community.

The image also has many graphics, photographs and a colour tone consistent with the Foundation's values. This identity highlights children in all their strength, who are not depicted in terms of their vulnerability, but rather in their very essence, proud to carry and make their voices heard, their beautiful energy, their resilience, their individuality and their dreams.

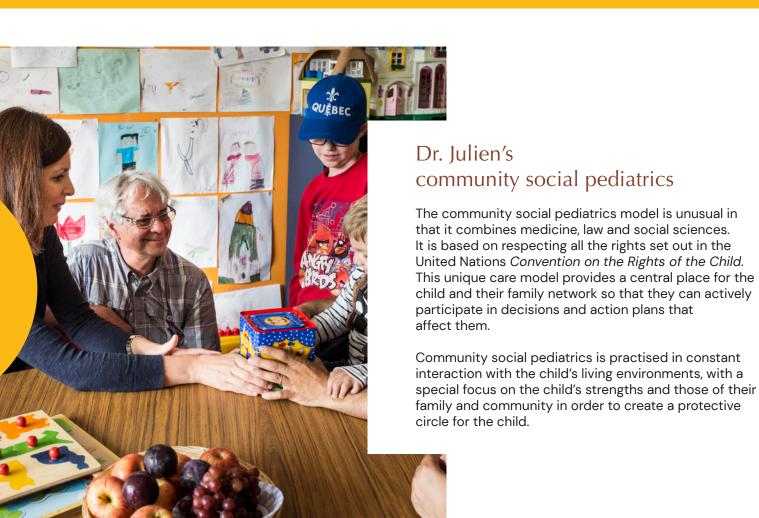
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An ever-growing number of children have access to community social pediatrics. In 2019–20, the Foundation's three centres of expertise and training provided care to and empowered over **2,600 vulnerable children** in Montreal's Hochelaga, Maisonneuve and Côte-des-Neiges neighbourhoods, for a total of **32,000 interventions**.

In Quebec, the network's 42 community social pediatrics centres have collectively delivered more than **140,000 interventions**. Teams from all parts of Quebec provided care and support to more than **10,400 children** and their families.



# More and more children across Quebec are receiving care and are being empowered with life tools



#### Government agreement



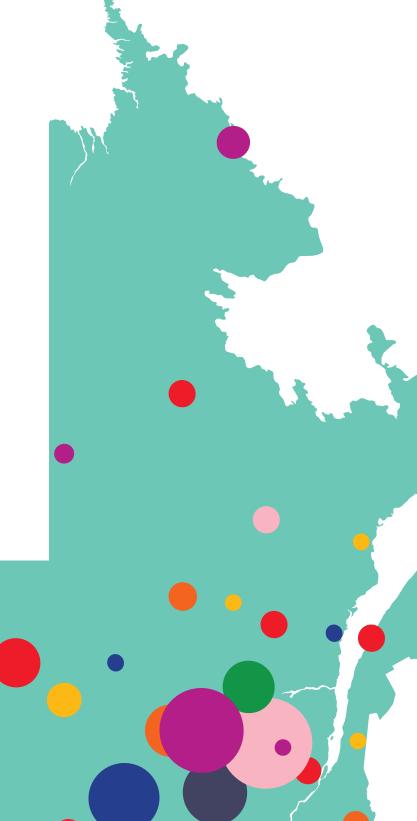
# Government of Quebec reiterates its trust and support

The Foundation and the Government of Quebec are in the process of concluding a new agreement providing the Foundation with a grant of \$21 million, that is, \$7 million for each fiscal year from 2020–21 to 2022–23, to support the Quebec network of community social pediatrics centres (CSPCs), thereby improving the quality of life of children from disadvantaged backgrounds and promoting equal opportunities.

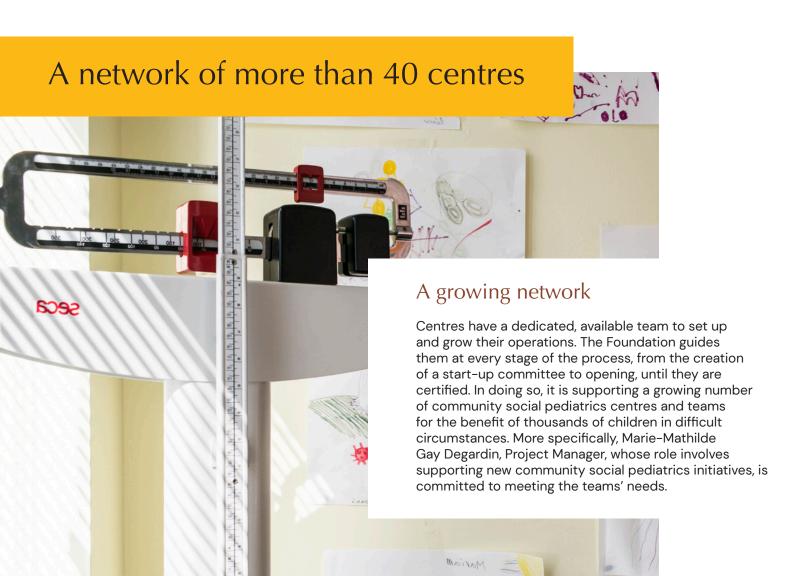
As outlined in its Strategic Plan 2019–2023, the Quebec Ministère de la Famille aims to improve access to CSPCs to enable as many families as possible to benefit from this unique approach, which makes an exceptional contribution to the development of young children in vulnerable situations. Each party wants the Quebec CSPC network to continue to grow in order to meet the annual targets set out in the Strategic Plan 2019–2023 by gradually increasing the number of children receiving social pediatrics services to at least 12,750 for the year ending March 31, 2023, a 45% increase over the result measured for the 2018–19 fiscal year.

We are tremendously grateful for this partnership, which shows the government's confidence in the Foundation, social pediatrics and Quebec's CSPC network.



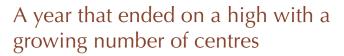






"I am pleased with the support received by Marie-Mathilde, who acted as an intermediary between the ministries and us to establish our second centre. She faithfully reported the issues to us and also took care to properly seek clarification, which then allowed her to specify the outlook for our project, clearly highlight our realities and build a business case in talks with government officials. I also appreciated the promptness in the processes."

— **Anne-Marie Fournelle**, a psychoeducator who just opened a second Tandem point of service in Stanstead.



The year is ending on a good note with the opening of three new centres in Quebec:

- Centre Lachine opened in the west part of Montreal;
- Centre d'Argenteuil was opened at the Laurentian English secondary school in Lachute; and
- Centre Le tandem de Magog created a second point of service in Stanstead to serve families in that region.

After close to two years of guidance, three centres are about to open in the coming year:

- Le Cercle de Saint-Léonard-d'Aston, in the Nicolet-Yamaska RCM;
- Centre Accroche-coeur in Chandler, South Gaspé; and
- Centre Uashat Mak Mani-Utenam, on the North Shore in the Innu community.

In addition, files for four new initiatives will be submitted to the analysis committee by the end of 2020:

- the Seconde Étape du Foyer des femmes autochtones de Montréal project;
- the Saint-André-Avellin project in the Papineau RCM;
- Maison du pain d'épice in Saint-Jean-de-Matha; and
- the St-Georges de Beauce project.





### A team that ensures quality and standard of care

The Foundation guides community social pediatrics centres and teams through a strict certification process. The goal is to ensure that the community social pediatrics model is implemented and followed, that the interventions are of high quality and that the practice is continuously improved. This certification program was developed in collaboration with the Bureau de normalisation du Québec. The Foundation provides support to a growing number of centres and teams of professionals to contribute to the roll-out of a high-quality network and to the sustainability of the practice.

# A very active certification team on the ground

#### Support and certification of Quebec network centres

In 2019–20, the Foundation provided guidance to 42 community social pediatrics centres, seven of which were certified.

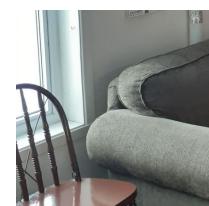
Of these, three centres obtained their first certification:

- Maison Caracol in Pierrefonds-Est:
- Centre de pédiatrie Antoine-Labelle in Mont-Laurier; and
- Centre L'envol in the Lemoyne sector in Longueuil.

The four other centres achieved R2 certification:

- Centre Les Petits Renards in Verdun;
- Centre de Lanaudière in Chertsev:
- Centre de Lanaudière in Joliette; and
- Centre de pédiatrie sociale de la Haute-Gaspésie.

In line with the 2020–23 strategic plan, the certification team began work this year to redefine certification and its practice in order to more fully recognize the quality of care provided.



"Certification is about going out and meeting a team of people who are trying to continuously improve their practice. It means working with the centres to ensure that children and families have quality social pediatrics services."

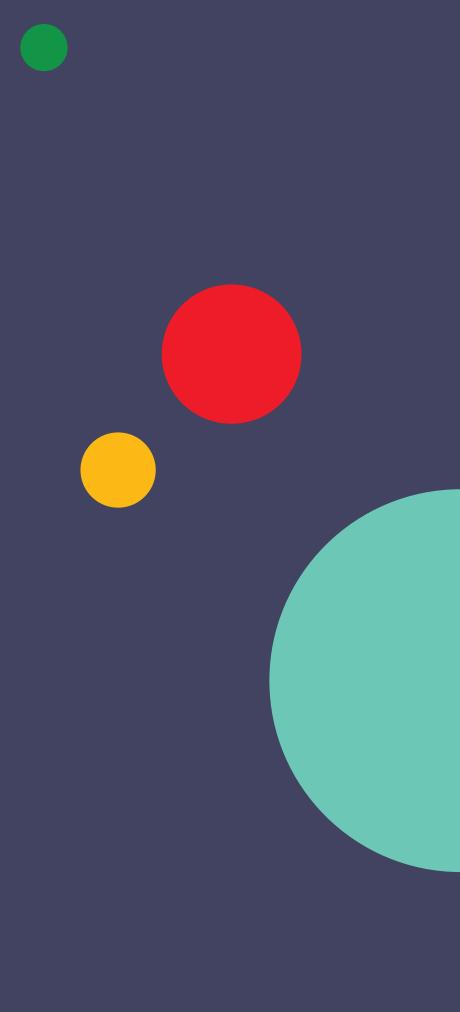
— Marie-Andrée Hébert, Head of Certification



Minnie's Hope, where the Cree community partners with the Inuit community for children's well-being.

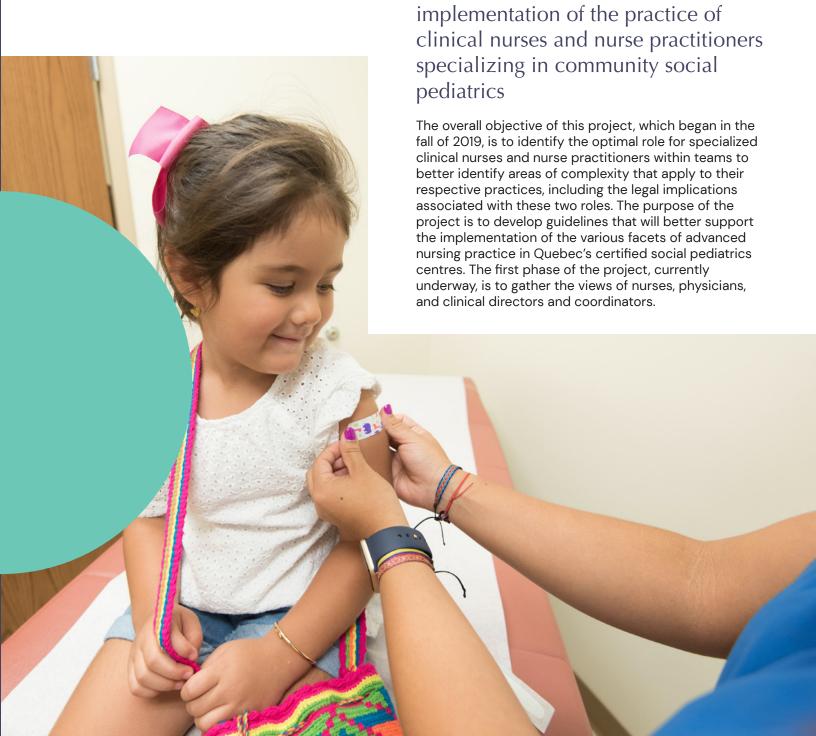
In the past year, Marie-Andrée Hébert made a certification maintenance visit to the *Minnie's Hope* centre in Whapmagoostui-Kuujjuarapik, in Quebec's Great North (Nunavik). This area includes the Whapmagoostui Cree community (980 people) and the Kuujjuarapik Inuit community (700 people). These two communities differ considerably in their culture, ethnicity, structure, governance and language. The *Minnie's Hope* social pediatrics centre is proud to be one of the few organizations that provides care and services to both the Cree and Inuit in one place, supporting more than 160 children per year.





# Innovating to address the needs of vulnerable children

Action research on the



# Child Links with Adults and Networks (CLAN) program expands its influence

The CLAN training and support program aims to equip children, adults and community workers through playbased training workshops to engage them in learning and implementing children's rights and to raise their awareness of their respective responsibilities. These workshops, which seek to give children a voice, are based on the community social pediatrics approach and the seven principles arising from the United Nations Convention on the Rights of the Child. Funded by the Marcelle and Jean Coutu Foundation and the Ville de Montréal as part of its Child Policy (2017–2020), the CLAN program covers 11 of the 19 targeted communities. We are currently deploying this program in the network of community social pediatrics centres throughout Quebec, with six centres having already taken advantage of this training.



#### Since the start of the CLAN project

- 4,879 people have been made aware of and trained on the rights of children and their respective responsibilities:
  - 4,194 children
  - 628 adults
  - 57 adolescents
- 67 positions have been created or enhanced through the CLAN project directly in the communities
- 11 communities have engaged
- 19 community schools have collaborated
- 10 coordinators have been involved
- 33 facilitators have been active



# High-level training for professionals

# The Community Social Pediatrics Institute opens its doors

The practice of community social pediatrics is being deployed in Quebec and around the world. To respond to the interest it is generating and to pass on the knowledge gained from experience and social innovation, the Fondation Dr Julien created **the Community Social Pediatrics Institute**. This training and research centre codifies practices and offers adapted training for workers and professionals through continuing vocational training, university training and community training.

These courses are intended for anyone interested in incorporating the philosophy and knowledge of community social pediatrics into their professional or personal lives. The Institute helps to build a community of practice that respects all of the fundamental rights set out in the *Convention on the Rights of the Child*. It also seeks to prevent and address the impact of toxic stresses on children's overall health through a collaborative and engaged approach.

#### A brand new training portal

In 2019–20, the training team worked hard to redesign the community social pediatrics knowledge transfer portal. With a focus on usability, this new platform offers a range of new features that promote learning and networking within the community of practice.

https://institutpediatriesociale.com/



#### Graduate certificate in community social pediatrics slated for 2023

The Fondation Dr Julien, in collaboration with McGill University, is actively working on developing this certificate. The aim is to enable new cohorts of professionals to acquire theoretical and practical knowledge to care for and support children whose development is hampered by the presence of multiple sources of stress. This interdisciplinary certificate will be intended for students who have completed a bachelor's degree in medicine, nursing, law, social work or education, and professionals in these areas of practice who wish to further their knowledge and skills in social pediatrics.

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# Reaching out to better touch hearts and make a difference

The Foundation has had great opportunities to make its voice heard in public forums and take part in some of the most important debates on the future of Quebec's children in recent years.

#### Tabling and submission of a brief to the Special Commission on the Rights of the Child and Youth Protection

The Foundation had the privilege of being invited as an expert before the Special Commission, chaired by Régine Laurent, and to report on observations and findings on the situation of vulnerable children. Dr. Julien and Hélène (Sioui) Trudel stressed the importance of front-line support for families, the right of children to participate at all stages, the importance of integrating the *Convention on the Rights of the Child* to adopt a child reflex and a common language, and, lastly, the need to work in collaboration with the family, the social network, the community environment and institutions to foster trust and build a protective circle for children.

The brief, written jointly with the Hochelaga social pediatrics centre, Garage à musique, the Côte-des-Neiges centre and the children's expert committee from the Hochelaga and Maisonneuve centres, contains 27 recommendations.



# Submission of a brief for consultation on the Ethics and Religious Culture program

These public consultations enabled the Foundation to present the Child Links with Adults and Networks (CLAN) program to the Quebec Ministère de l'Éducation. The program aims to transform our perspective on children's rights so that they can participate in building a fair and just society with the people around them. Over the past three years, through cooperation with schools and partner community organizations, this series of training workshops on children's rights and responsibilities has shown how much it can contribute to building a protective circle in communities. The redesign of the Ethics and Religious Culture course is an opportunity for the ministry to not only update its content, but also enrich it based on the *Convention on the Rights of the Child*.

#### A concert for child and youth well-being

The Garage à musique (GAM) annual concert was held on June 12, 2019. It was an opportunity to thank the Foundation's major donors and raise public awareness of the extraordinary potential of children and the power of social pediatrics in the community. Children, musicians and singers from Band on Tour put on a rock concert at the Théâtre Denise Pelletier in front of a crowd of over 600 people. Laughs and emotion from host Christian Bégin and the many families in attendance were not in short supply. Under the musical direction of Patrick Coiteux, the GAM symphony orchestra consisted of approximately 60 young musicians and 15 teachers. The event not only raised funds for the GAM to continue its mission, but also highlighted the positive results of group music practice as an intervention tool.

# Jordan's Principle at Université de Montréal presented by children

The expert children's committee from the Hochelaga and Maisonneuve centres was invited to make a presentation at Université de Montréal on "the right of children to participate in societal debates" as part of Alain Roy's "Droit de l'enfant" course. The children worked on their presentation for several weeks. They chose to dedicate it to Jordan's Principle and story to remind us how the fundamental rights of this Indigenous child were violated and to challenge students to "never again repeat past mistakes." This experience, headed brilliantly by Malika Saher, a lawyer/mediator with the Fondation Dr Julien, and Isabelle Légaré-Gobeil, an educator at the Hochelaga centre, proved to be educational and motivational and sparked great ambitions in the young experts. As part of the same academic course, Malika had the opportunity to discuss the issue of "children's right to participate in societal debates" with Denise Bombardier.





#### Rights of the child in everyday life

November 20, 2019, was World Children's Day, an opportunity to raise awareness of the *Convention on the Rights of the Child*. At the Maison de la culture de Mercier-Hochelaga-Maisonneuve, 16-year-old Mariam Hayat Coulibaly, a child rights ambassador, gave a most eloquent speech, demonstrating with skill and conviction the importance of equipping children with respect to their rights and their potential as vectors for positive change in our society. Hélène (Sioui) Trudel and Dr. Gilles Julien also had a chance to talk about the history of child rights and their daily application in social pediatrics centres.

# Forum des droits de l'enfant au Québec (FDEQ)

Caroline Chaumont and Laetitia Angba, Coordinator and Head of the Child Links with Adults and Networks (CLAN) project, respectively, had the pleasure of participating in the *Forum sur les Droits des enfants* in September 2019, which brought together many community stakeholders, including the Canadian Coalition for the Rights of Children, the Equitas International Centre for Human Rights Education and the International Bureau of Children Rights. They introduced the CLAN program, and Caroline led a discussion based on her experience as a member of the Foundation's rights committee and as guest speaker at the Moncton summer university.

Children and youth, child rights experts, and many researchers and academics discussed current and emerging needs to provide an overview of the situation and propose concrete measures for Canada's 2020 report to the United Nations on the implementation of the Convention on the Rights of the Child.

#### SQÉP annual conference

The Société québécoise d'évaluation de programme (SQÉP) held its annual conference in September 2019. Marie-Ève Turcotte, Research Coordinator for the Nicolas Steinmetz and Gilles Julien Chair in Community Social Pediatrics, had the opportunity to present the research process and methodology developed with Dr. Delphine Collin-Vézina, holder of the Chair and member of the Board of Directors of the Fondation Dr Julien. This research is part of the Chair's programming and aims to measure the social and economic value of community social pediatrics centres in Quebec, or the social return on investment (SROI).

#### Vancouver conference – July 2019

In July 2019, Dr. Gilles Julien, Hélène (Sioui) Trudel and Myriam Hivon were invited to contribute to the CHILD ADVOCACY IN ACTION: THE LEGACY OF JANUSZ KORCZAK summer course in Vancouver. Offered for the first time and arising from collaboration between The Janusz Korczak Association of Canada and the Faculty of Education of the University of British Columbia (UBC), this course explored the educational legacy of Janus Korczak, a remarkable Polish Jewish educator, pediatrician, writer and orphanage director. At the conference, Dr. Julien and Hélène (Sioui) Trudel presented *The Need for a Paradigm Shift: Community Social Paediatrics to Meet Children's Rights to Education and Building a Just Society – Integrating Law into Your Practice, respectively.* 





# Convention on the Rights of the Child, 30 years and counting

To mark the 30th anniversary of the *Convention on the Rights of the Child*, the Interdisciplinary Research Laboratory on the Rights of the Child (IRLRC), the Human Rights Research and Education Centre, the Canadian Coalition for the Rights of Children and the Civil Law Section's Cycle of Conferences on Research in Law organized a roundtable on children's rights, development and well-being with a number of experts, including Laetitia Angba, CLAN Project Leader, who was invited as a panelist.

#### Presence in the media: a voice that carries

The Fondation Dr Julien continues to defend the cause of children in difficult circumstances. It does this by making its voice heard by public and government bodies, influencers, ambassadors and the general public. It thus positions itself on issues affecting child welfare in a variety of media, in addition to being present on social media on a daily basis. Dr. Julien and Dr. Gaëlle Vekemans appeared in a number of television programs as guest experts. This year, a number of hot-button issues resulted in media events:

- The Laurent Commission: Invited to present its brief, the Foundation issued recommendations that were widely publicized in the media;
- The 17th Guignolée fundraiser: An event with extensive media coverage raising awareness of social pediatrics and featuring stories from children, families and workers. Loyal collaborators from the very beginning, journalists and Joël Le Bigot's entire team from Radio-Canada radio were on site and devoted their program to the event;
- Protecting Children: The Foundation was asked to comment by a number
  of media outlets following tragic events or to help the public understand
  and participate in discussion in order to share its point of view and the
  importance of prevention and front-line collaboration;
- COVID-19: Dr. Julien and Dr. Vekemans spoke on this highly relevant topic on behalf of the entire network of centres and the devastating effects of the lockdown on children and families. The article by Dr. Delphine Collin-Vézina and Tristan Milot in Le Devoir (March 25) touched on the same subject.

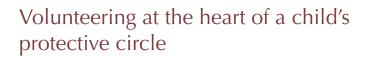
# MOBILIZING



# Together, let's create a big protective and caring circle for our children

It is by continuing to educate and prevent, remaining vigilant, listening to our neighbours, young and old, and, above all, getting actively involved that we can make a difference and bear witness to the impact of social pediatrics in our communities. We invite all of society's players to join the movement.





The pursuit of the Foundation's mission is intrinsically tied to the commitment of individuals and companies. Volunteering in a community social pediatrics centre is about enabling children to develop to their full potential. It means being part of the big family and contributing to a child's big protective circle, in support of the clinical team.

Through your involvement, you are taking part in creating a climate conducive to the creation of a bond of trust, alleviating the effects of toxic stress and helping a child discover the riches that he or she possesses. We can't thank you enough.

All volunteer activities combined 13,407 hours

In the Foundation's three centres of expertise

### The 17th Guignolée fundraiser, a matter of the heart

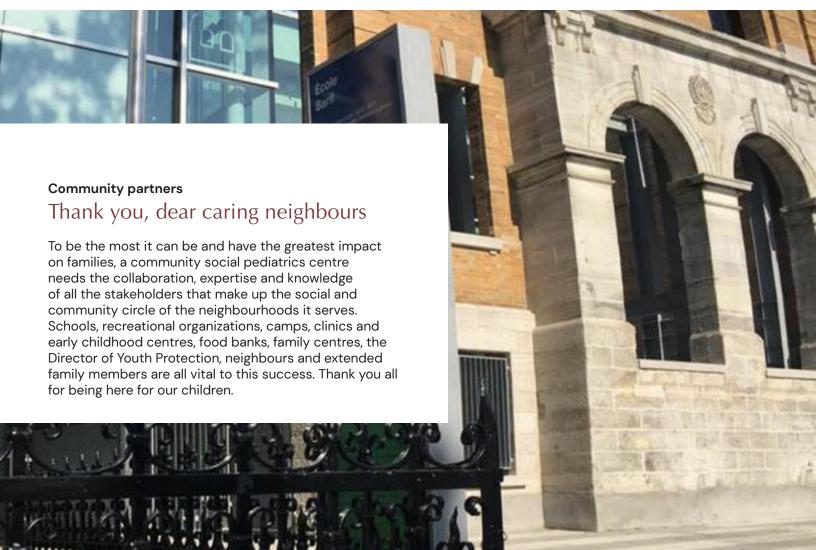
The Guignolée du Dr Julien fundraiser is our largest fundraiser and our fuel for the year because the donations raised account for more than one-third of the funds needed to provide care and services in the three centres of expertise and training affiliated with the Foundation. The success of this 17th edition of the fundraiser is the result of the months-long work of our teams, the involvement of over 580 volunteers and, above all, the extraordinary generosity of loyal donors, who helped us raise \$1,602,357 for the three centres. The 22 participating network centres in the province, meanwhile, raised \$947,335, despite sometimes hostile weather conditions. This money helps provide care and services to children in difficult circumstances in their respective communities. A thank-you to the event's co-founder and sponsor, Ève Christian, the Foundation's sponsor, Christian Bégin, all our partners and donors, and the thousands of volunteers across Quebec.





operational support, your contribution is invaluable.





#### Third-party fundraising

# Radio-Canada knitting club and their generosity

Since 2008, Élizabeth Gagnon and the Radio-Canada knitting club have been raising funds year-round. This project brings together Radio-Canada retirees and has really taken off. Together, they created a Facebook page that drew many others to the group. They knit hundreds of toques, scarves, mittens, slippers and the like all over Quebec and have quite the logistical setup to ship everything to Montreal. More than 150 knitters are now knitting bits of happiness and warmth to raise donations for the Fondation Dr Julien. In 2019, they donated \$31,500 to the Foundation through items sold at Montreal markets. All this is in addition to the free knitwear they give to the centres' children!



# Correct Sea portia gournets care ma cour

#### Third-party fundraising

#### Les Petits gourmets dans ma cour

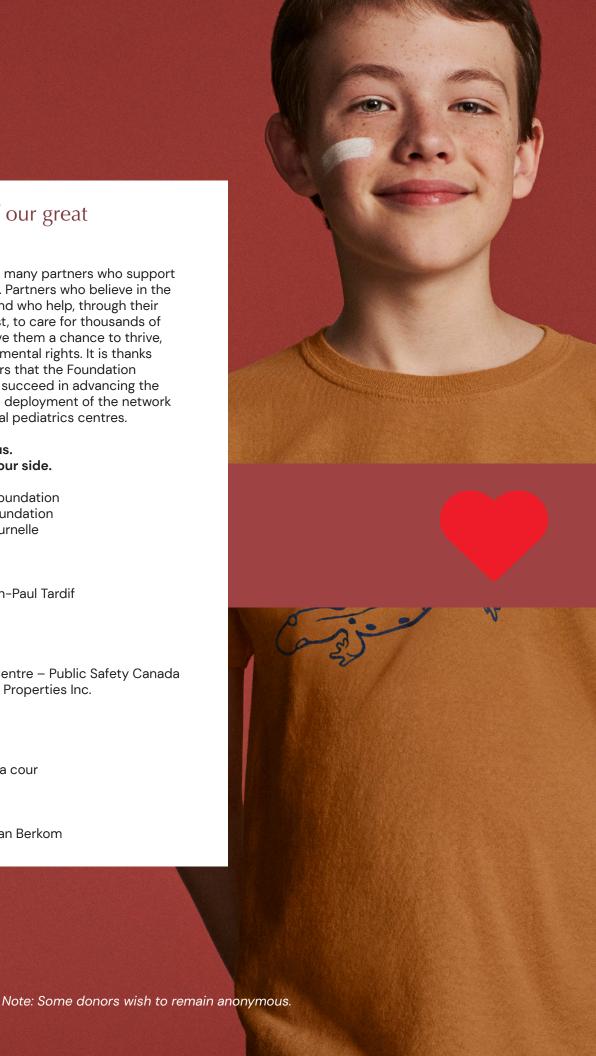
The Les petits gourmets dans ma cour fundraiser has been held every year for nine years, thanks to the initiative of Josée Lefebvre and her family. The first edition was held in the family backyard in Laval, but because of the event's growing success, the surrounding streets are now closed to traffic to accommodate all the participants. There are now over 1,000 people who come to support the event and make the most of this family gathering to raise funds for the Fondation Dr Julien. A number of outdoor restaurants give children and youth aged 5 to 17 years the spotlight as foodies. For one evening, 150 young children of the 350 volunteers serve dishes to the neighbourhood's clients, families and friends, who feast and in so doing demonstrate their great generosity. This year, Les petits gourmets dans ma cour raised \$91,500, of which \$55,000 went to the Fondation Dr Julien, \$21,500 to the Centre de pédiatrie de Laval and \$9,000 to the newly opened Côte de Gaspé centre.

#### Thank you to all of our great donor-builders

Over the years, we have had many partners who support us and still do so to this day. Partners who believe in the power of social pediatrics and who help, through their generosity, support and trust, to care for thousands of children, equip them and give them a chance to thrive, while respecting their fundamental rights. It is thanks to these great donor-builders that the Foundation has grown and continues to succeed in advancing the practice and supporting the deployment of the network of certified community social pediatrics centres.

#### Thank you for believing in us. Thank you for standing by our side.

Lucie and André Chagnon Foundation Marcelle and Jean Coutu Foundation Fondation Famille Michel Fournelle Fondation Inter-Écho McConnell Foundation Simple Plan Foundation Fondation Madeleine et Jean-Paul Tardif Government of Ouebec Ville de Montréal Avenir d'enfants Borden Ladner Gervais National Crime Prevention Centre - Public Safety Canada Raymond Di Giulio - Resana Properties Inc. Michel Fournelle Michel-Éric Fournelle Jean Coutu Group Optimum Group Les petits gourmets dans ma cour **Power Corporation** Gilbert Sansoucy Telus Ghislaine and J. Sebastian van Berkom



#### Donors in 2019–20

It is with humility and gratitude that we wish to acknowledge the great generosity of all our donors, big and small, young and young at heart, companies and foundations, institutions and visionaries who left invaluable gifts to the Foundation. Thank you for the immense privilege you have given us this year. We are proud to announce that the amounts raised in 2019-20 are the largest in the history of the Fondation Dr Julien. With all our gratitude and on behalf of the children, thank you again.

# Thank



#### \$500,000 and over

Marcelle and Jean Coutu Foundation Estate of Robert Nadon

#### \$100,000 and over

Fondation Famille Michel Fournelle J. Sebastian van Berkom, JSVB Investments Estate of Gisèle Léveillé Estate of Daniel Saucier

#### \$50,000 and over

Fondation Inter-Écho Michel-Éric Fournelle Gestion Val-Pier inc. Investissements Guy Locas Les petits gourmets dans ma cour Estate of Claude Lalonde Estate of Daniel Hamelin Estate of Jacqueline Simard Estate of Lucien Lefevre Estate of Monique Meunier Estate of Thérèse Ouimet

#### \$25,000 and over

Laurentian Bank of Canada Radio-Canada knitting club Fernand Brouillette and Fondation Fernand Fondation Véromyka Françoise Coulombe Jean Coutu Group **Guy Laplante** Ghislaine van Berkom Estate of Célestina Arsenault Estate of Diane Chabot Estate of Suzanne Paulette Côté Estate of Charles Landreville Estate of Martin Marier Estate of Mario Milord Estate of Sylvie Trocmé

#### \$15,000 and over

Pierre Brassard Jacqueline Lallemand Trust Fondation Madeleine et Jean-Paul Tardif Simple Plan Foundation Fonds de charité des employés de la Ville de Montréal Macdonald Stewart Foundation Solution idéale Estate of Hélène Croteau Estate of Denise Pître Estate of Maurice Poulin Estate of Louise Croisetière VF Outdoor

#### \$5.000 and over

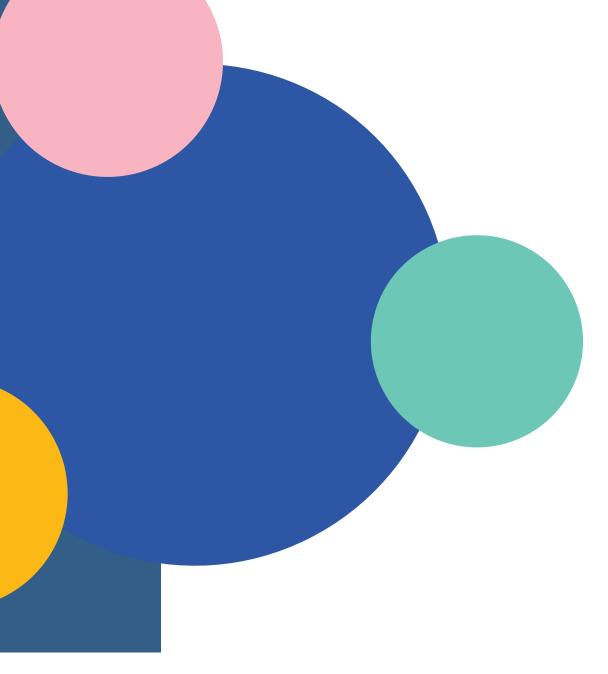
CN Employees' and Pensioners' Community Fund Fondation Boucher-Lambert The Cole Foundation Paul A. Fournier Foundation The Jarislowsky Foundation Fonds de charité des employés de la Ville de Montréal Fonds de Louise et Jean Ste-Marie Externat Mont-Jésus-Marie Fortis Construction Groupe Leclair Jeune Oasis John Brooks Company Limited Anne Basin Camille A. Brunet Diane Dallaire Talbot Annie De Kerstrat Michel Desjardins André Desroches Francine Ducros Hélène Fecteau Claire Fournelle Jean-Pierre Goulet Yvan Grenier Jeannine Landry Miron Yves Messier François L. Morin Christian Pelletier Yolande Roy Jean-Robert Turcotte René Vachon Estate of Madeleine Fagnan

Josée Véronneau Estate of Robert Surprenant

Estate of Pauline Martineau

\$2,500 and over CIBC Children's Foundation Barreau du Québec Formation Qualitemps inc. Compass Group (Quebec) Ltd. Yves R. Hamel and Associates Inc. Resana Properties Inc. Librairie Lu-Lu Inc. TD Securities Underwriting Hope Fund Marc Binette Richard Comeau Jacques Cyr Jean Dagenais Antoni Dandonneau Pierrette Desrosiers Guy Dionne Claude Fortin Céline Hade Jean-Charles Lajoie Roger Laporte Maxime Lemieux Justin Paquet Raynald Ostiguy Christian Pelletier **David Sanders** Hélène (Sioui) Trudel Julien Valade

Hochelaga-Maisonneuve Garage à musique Côte-Des-Neiges



#### At the heart of responsive practice

For years, the Foundation's centres of expertise and training have given us the pulse of the population and enabled us to grow with it. These centres are at the heart of a consortium created to support the Foundation in its mission. In collaboration with the Foundation's teams and other experienced centres, they allow us to grow the practice of social pediatrics in the community, train the next generation of clinicians, innovate and nurture best practices. Through this synergy, we will be able to support the deployment and certification of other centres and ensure the sustainability of the practice, thus ensuring that our decisions are always made with the children in mind.

# Hochelaga-Maisonneuve

1,152 children supported 19,755 interventions carried out

## A really busy year serving our families

The year 2019–20 was full of challenges, new developments, lessons and small successes to celebrate. All of these experiences enabled us to get through a year-end that no one could have foreseen, as an unthinkable pandemic hit without warning, bringing out the passion and the best in each member of this fabulous team, whom I sincerely thank.

I am very proud to provide you with an overview of our year, my first as Executive Director. I feel privileged to have people with talent, expertise and heart to support me in this great adventure. Thank you to the members of the Board of Directors, volunteers, partners, donors and colleagues of the Fondation Dr Julien; it is because of you all that the Centre can dedicate itself fully to the neighbourhood's children and families, day after day.

In 2019–20, we worked on ourselves, on our mission, on the promise we make every day to the children we care for and the families we support, which is to always be there for them, listen to them and equip them with life tools so that they can thrive and feel supported, no matter their situation. The Centre will always be there for these families from the Hochelaga neighbourhood, endearing through their journey and their authenticity, who open their hearts to talk to us about real issues. I look forward to continuing this wonderful collaboration we have built with each one.

#### **Tania Pearce**

Executive Director Centre de pédiatrie sociale en communauté d'Hochelaga-Maisonneuve



"Alone we go faster, but together we go further."

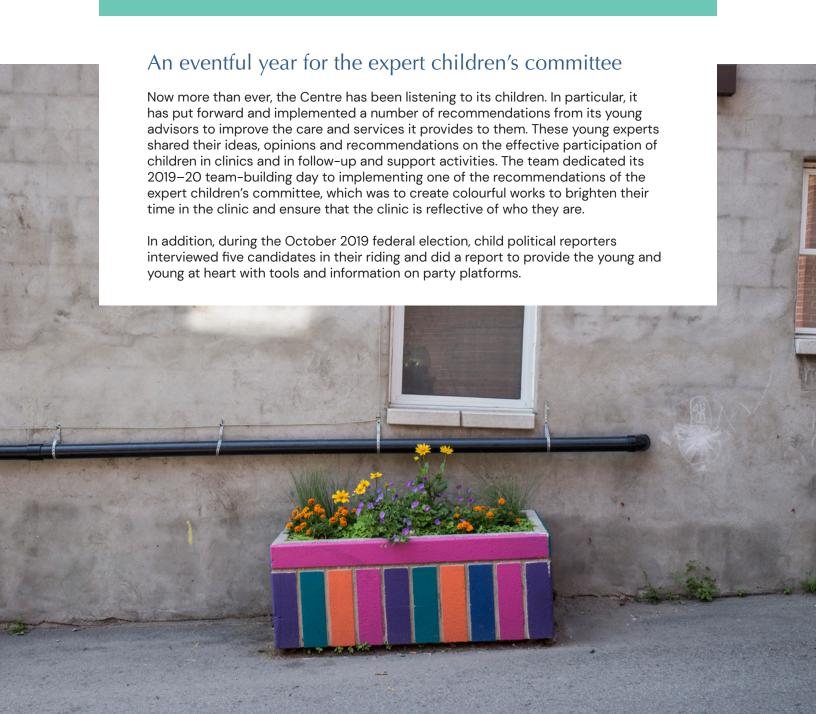


#### Needs as great as ever in Hochelaga

While the profile of the Hochelaga neighbourhood is changing, the needs are still just as urgent. Over 28.7% of families live below the low-income cutoff, 36% of families are single parents and, over the past two decades, the immigrant population has doubled. The school dropout rate is close to twice that of Montreal, and there are more victims of physical violence than in any other part of that city.

More than one-third of young children are behind in at least one of their developmental spheres when they enter kindergarten.

Beyond the challenges associated with family life, behavioural difficulties are regularly the trigger for consultation or a request for help and very often are symptoms of much more serious problems. Mental health, anxiety, and significant language and learning disabilities are very common among our young patients. ADHD remains the most widely confirmed diagnosis in children at the Hochelaga Centre.





#### Dance or boxing: same battle

Over the course of the year, the Centre developed a new initiative in collaboration with its partner Prima Danse. Young girls struggling with issues joined a dance class that has gradually allowed them to let loose and enjoy a lifesaving artistic activity, helping to raise their selfesteem and confidence to such an extent that they even performed a dance number in front of an audience. It was a great moment of pride for them and an emotional moment for the parents, workers and dance teachers, who shared in and celebrated this great success.

Boxing activities offered through a partnership with the East Boxing Club have enabled many children and youth over the years to channel their energy, manage their anger or discover a new passion. For example, a young teenager who took the boxing class and received regular follow-up has made great strides in his life and has seen his daily life and academic performance improve considerably. This year, in an effort to share his experience with the younger kids and give back, he returned to the Centre to offer his coaching services under the guidance of educators and was keen to continue the experience via digital platforms during the challenging COVID-19 period. This is further evidence of the extraordinary power of alternative projects and therapies in complementarity with medical care and psychosocial follow-up.

#### New beginnings for art therapy

After a year without this service, a new art therapist joined the Centre in November 2019. Art therapy is based on the therapeutic use of the artistic creation process. It provides a safe and confidential setting, as well as artistic materials appropriate to the child's needs, to allow the child to explore what they are experiencing and to facilitate the expression of their emotions. Among other things, art therapy aims to represent questions and anxieties associated with the problems or difficulties encountered, develop coping strategies and increase self-esteem.

#### The tremendous power of activities

Although prevention is predominant in the approach, sports, arts, expression and socialization activities and initiatives are part of the overall clinical offering. When practised in the alley and open to all, they allow us to socialize, strengthen our ties with the community, and do prevention and screening.

More structured and with specific therapeutic goals, the activities offered to children receiving social pediatrics support help them, for example, to manage their emotions, improve their concentration, develop their social skills, speak out and stay in school, improve their lifestyle or break isolation.





#### Our valued partners

In a vulnerable neighbourhood like Hochelaga, where access to sports facilities and activities is lacking and where obesity and physical inactivity rates are high, service partners are essential. A number of clinical projects enable children and youth to thrive and socialize in safe environments, which contributes to their overall development.

The Centre is fortunate to have a number of partners to support it in carrying out its mission. Some of the partners we would like to thank are the East Boxing Club, Prima Danse, the Montreal Museum of Fine Arts, Centre sablon and Jeune Oasis, which have enabled dozens of children and youth to thrive and enjoy positive experiences, surrounded by caring adults.

## Thank you to our volunteers

The Hochelaga Centre has the enormous privilege of being able to rely on faithful and generous volunteers who contribute to the children's well-being every day. Whether it is by making snacks that fill the kitchen with aromas when children finish classes, organizing bike rides, mountain hikes, or household or tidying up chores, filling in at reception or participating in the big annual Guignolée du Dr Julien fundraiser, they have our admiration. Without the help of its volunteers, the Centre would not be able to provide Hochelaga families with as many quality services.



empowerment, while enhancing the joint intervention culture and strengthening community anchoring.

Encouraged by the successes of the past year with art projects that celebrated children's creative strengths and abilities, the Centre wants to pave the way for greater use of art as an intervention tool. From dance to comedy workshops to the creation of an art hive, these new intervention methods or alternative therapies

In closing, the Centre has developed a new brand, one that is fully aligned with the neighbourhood and the Centre's mission and strategic directions. Following consultations and the selection of the name by the children and families, we will be very proud to announce our new identity in the coming months.

complement the offerings of the network's various

organizations and institutions.

## Garage à Musique

914 children supported6,154 interventions carried out

#### Thank you 2019-20!

The past year has been generous in achievements and rich in surprises. It enabled the entire team to excel and allowed children and youth to thrive and achieve their potential as never before. Many of them stepped out of their comfort zone when I had the crazy idea of putting together a demanding and ambitious show with professional performers *Band on Tour*. To my delight, this whole wonderful team enthusiastically followed me in the madness.

We can also be very proud of the exceptional collaboration with our partners in carrying out screening and follow-up projects in neighbourhood schools. Through the commitment of generous donors, we were finally able to complete the renovations that will allow us to welcome even more children in learning conditions that live up to our expectations and their potential.

In short, children made their voices heard more than ever before this year, in all forms and in all forums available to them.

#### Patrick Coiteux,

Executive Director Music Director, saxophonist Garage à musique, centre de pédiatrie sociale en communauté



"In music, it is not so much the notes as the emotions elicited that matter."

– Translation of the quotation by Leonide Pervomaïski





#### A mission that beats to the rhythm of children's needs

The Garage à musique (GAM) is a social innovation initiative launched by Hélène (Sioui) Trudel and developed under the "Integrated Law" component of the Fondation Dr Julien. The GAM is recognized as the first specialized community social pediatrics centre focused on neuroscience. As a result, the practice of social pediatrics continues to change through the integration of powerful development tools with adapted academic support specialists, music therapists and music teachers for group music learning.

Since 2009, in addition to community social pediatrics care, the GAM has promoted the overall development of children and youth aged 0 to 21 by providing them with a range of services and means adapted to their situation and life path, in response to the action plan developed by the clinical team.

#### Following the child's path together

The clinical team, consisting of Dr. Julien, a nurse and a social worker, along with three specialized educators and a lawyer/mediator, collaborates organically to provide medical care, psychosocial support and continuous life path follow-up to the many children in the neighbourhood and their families.

Many of these families live in extremely vulnerable situations. The neighbourhood's gentrification has changed the social fabric and the face of the neighbourhood. One of the spillover effects of this situation is the deterioration of the socio-economic conditions of some families, who have been stripped of certain services normally provided by their neighbourhood schools based on deprivation indices, which have changed. Screening and collaboration with schools is all the more important now.

The most common clinical challenges for youth are behavioural, emotional, linguistic and respiratory. There are also a number of types of disorders, such as attention deficit with or without hyperactivity, learning disabilities and anxiety disorders. Teams are trained to identify these conditions and, especially, to build an action plan with the young person and their family to help them overcome their challenges.

#### A 6-day-a-week centre

The GAM has approximately 15 teachers who teach more than 50 hours of classes Monday to Saturday, from 8 a.m. to 7 p.m. Every week, music teachers, music therapists, specialized educators, and health and legal professionals combine their expertise and passions to care for the children and equip them with life tools.

Most of the children and youth visit the centre's facilities on a weekly basis, at a frequency ranging from one to four times a week for some. It is common for a young person to require daily interventions and regular supervision, calls to family, follow-up, reviews, internal and external monitoring, and visits outside the centre. In total, almost 900 children receive services or attend classes at the GAM each week. The afternoons are particularly exciting!

#### Talking law in every forum

Law is also an integral part of interventions in order to help children and youth understand their rights and provide them with the tools to assert those rights with the relevant entities. The centre also values civic involvement and consciousness to promote youth integration into active society and reduce the marginalization they quite often face. Integrated legal activities are facilitated in turn by the Foundation's lawyer/mediator and a special education technician, accompanied by youth from the mentorship program. A number of activities are offered to children, depending on their age. More than 15 children are registered.

On September 20, 2019, four GAM children aged 10 and 11 travelled to the United Nations in New York to present their project combining philanthropy and climate action: a free concert in exchange for planting one tree in the Hochelaga–Maisonneuve neighbourhood. This will be their contribution to raising public awareness of the health of the planet.



Every GAM child is encouraged to learn to play a musical instrument, in addition to being part of a large ensemble, be it the children's and youth symphony orchestra, the little orchestra, the guitar ensemble, the jazz-pop combo, the senior ensemble or the all-ages choir. The symphony orchestra consists of approximately 30 children and youth aged 9 to 20 who perform pieces for high school students in Secondary IV and V.

The GAM has also chosen to include in its group music classes a number of neighbourhood children who do not receive social pediatrics services, but who have the potential to play the role of social glue in the neighbourhood. Children from different socio-economic backgrounds who go to the same school get to know and learn to appreciate one another by playing the same instrument or playing in the same orchestra. Day in and day out, experience shows us that stakeholders made the right choice.





#### Valuable partners for children's well-being

The GAM has partnered with neighbourhood health and social service institutions, schools, the legal community and many other partners. Every year, it engages in new collaborations to provide exceptional experiences to children and youth. We were spoiled again this year and would like to extend our warm thanks to all these collaborators.

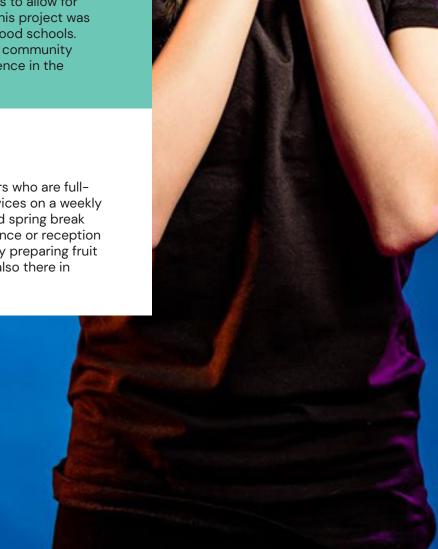
#### Screening and partnership with schools

In order to access a wider pool of children who may have needs or difficulties, but might not have received support, the Centre developed a partnership with local schools. For several years now, it has been offering music classes to the Maisonneuve elementary school and Chomedey-de-Maisonneuve secondary school at the Centre during regular class time. It has also been providing services to the Notre-Dame-de-l'Assomption and Sainte-Jeanne-d'Arc schools, on their premises, since September 2019. Special education technicians accompany music teachers during teaching periods and make observations to identify children who might have problems. In 2019, 567 children took music classes in school groups to allow for broad screening of children in vulnerable situations. This project was made possible through collaboration with neighbourhood schools. Fifteen children were identified and are now receiving community social pediatrics services thanks to our workers' presence in the schools.

#### Volunteering

The GAM is proud to have the support of 26 volunteers who are full-fledged members of the team. They provide their services on a weekly basis as teacher's assistants, instrument repairers, and spring break and summer camp counsellors, or help with maintenance or reception work. Volunteers also welcome children at 3:30 p.m. by preparing fruit and vegetable snacks before classes begin. They are also there in organizing numerous concerts.

26 volunteers 2,373 hours





### Musical performances that tug at the heartstrings

Numerous concerts were held in 2019, showcasing the talent of children and youth, filling them with confidence and delighting a very large number of spectators. Here are some of them:

- Every year, the GAM has a great time at its big annual public concert, and 2019 was no exception. The 4th edition of the Grands Classiques was held on June 12, 2019, at the Théâtre Denis-Pelletier. The orchestra, composed of approximately 60 children and youth aged 9 to 18, accompanied the rock band *Band on Tour* in front of more than 600 people. Under the musical direction of Patrick Coiteux, with the guidance of some 15 teachers, they set the hall on fire with chart-topping rock hits from the 1980s.
- The Christmas Concert, held in December 2019, took place at Collège de Maisonneuve. No fewer than 512 people enjoyed the work of 109 young musicians for more than two hours. Two orchestras, two choirs and the vocal ensemble performed ten pieces in all.
- In total, the children and youth put on 21 concerts and performances, involving between 6 and 158 musicians. These concerts also include those given by children from the Maisonneuve and Notre-Dame de l'Assomption elementary schools, as well as from the Chomedey-de-Maisonneuve secondary school.

#### Noteworthy happenings

The apprenticeship program was put in place to support three to six children and youth a year in the Hochelaga-Maisonneuve neighbourhood struggling with difficult personal journeys. The goal is to equip these children and youth with life tools by giving them work (e.g., music teacher's assistant), while supporting them in their return to school. Each apprentice receives psychosocial or psychoeducational follow-up and has access to a team of social pediatrics specialists.

Dyad tutoring was something new that the GAM introduced in 2019–20. For example, 138 hours of tutoring were given to small groups of two or three children and youth with the same learning disabilities.

With the contribution of the *Maître du chantier* program on V Télé, the centre had a team of four young construction professionals renovate part of the basement and build two additional soundproof spaces for music practice. In addition, through the ingenuity and generosity of donors, another project created a long-awaited temperature-controlled space to properly store and preserve the ever-growing supply of instruments.

# Côte-Des-Neiges Centre

571 children supported 8,194 interventions carried out

#### A year full of achievements

The year 2019–20 was one in which the Centre strengthened its special ties with its many community partners, but also one that allowed us to make the voices of the children and families we serve heard at political and institutional levels in the Côte–des–Neiges neighbourhood. Through our efforts and actions, we raised our community's awareness of the rights of children, their basic needs and the realities of the families we support on a daily basis.

I would especially like to acknowledge the exceptional participation of the entire Centre team in the strategic planning of our mission, the development and implementation of the first phase of our action plan, and the creation of our identity and brand, an enriching and revealing exercise that we conducted in collaboration with the Foundation's communications team and that we will be pleased to unveil shortly.

Moreover, our first Board of Directors meetings took place this year, and our directors are committed more than ever to supporting us as we move towards autonomy and to helping us carry out our strategic plan.

#### Vedrana Petrovic, PS. Ed.

Director, Centre de pédiatrie sociale en communauté de Côte-des-Neiges



"Seeing another person, smiling at them, taking an interest in them. That's the beginning of being human."

— Sister Emmanuelle.







## Priority: equipping young children

Again this year, the clinical team, working closely with schools and community partners, paid particular attention to families' situations and screening for young children. By visiting early childhood centres and daycares, workers are able to screen children aged 0 to 5 years. Follow-up on siblings and observation sessions organized with elementary schools proved to

In 2019-20, 20 new 4-year-olds were enrolled in the Access to School project, through which they receive regular assistance so that they have the support they need and the means for a smooth transition into school. More than 30 children aged 4 to 6 years participated in weekly overall stimulation activities, and about 10 participated in the summer camp offered by the Centre.

# Care and services on the front lines

Four pediatricians and three social workers alternate welcoming children and their families into the clinic from Tuesday to Thursday. These medical and psychosocial meetings are essential to determining what care and services the child will need in order to develop fully.

Follow-up and specialized care and services—speech therapy, occupational therapy, psychoeducational services, or body and mind therapies—are then provided by the team of workers, whose involvement goes beyond front-line services. Art and music therapy are particularly good for meeting children's needs, even before they master their language skills, so that they can express

Psychosocial workers also organize one clinic day a week in neuropsychology, and the Centre's psychoeducators conduct about 25 individual or dyad psychoeducational follow-ups a week with children and families in the form of home visits or meetings at the Centre. Lastly, about 50 children participate in their weekly group activities.



#### Success stories, one child at a time

Children do not always follow a linear trajectory. Sometimes, they may need to regain confidence and self-esteem, decrease their anxiety and learn to manage their emotions in order to express their needs, wants and dreams.

The action plan developed for each child includes care and services to work on the child's social skills, selfregulation or emotional management. The team can propose activities so the child can thrive, feel better and regain confidence. For example, a very reserved 11-year-old girl was struggling academically. This year, she successfully completed elementary school and started high school with her friends. Through her involvement in the Droit d'expression activity, she was able to regain her self-esteem by giving her opinions on various topics or by carrying out certain projects, which she completed successfully.

Sometimes, through therapeutic services or during field activities, workers can detect other needs and offer another therapy to the child.

d'expression" project, a weekly group activity for children aged 11 to 15 years that provides them with a platform to speak on topics of interest to them: rights, health, politics, sexuality, relationships with parents, their culture of origin and so on. The aim is to make them aware of their role in the community and give them a space to socialize with one another, supported by an educator and a lawyer, with the regular participation of a physician joining the conversation.

Homework groups are also becoming increasingly popular with 6- to 12-year-olds, and more and more are registering for sports, creative activities or cooking workshops under the guidance of workers, educators and volunteers.

#### Children's rights and family legal support

Since law is an integral part of the community social pediatrics approach, when the clinical team notices that some of the child's rights are being ignored or that the child's basic needs are being neglected, the Centre's lawyer contacts the family. This year, the Centre's lawyer advised and supported close to 25 families, involving around 40 children, experiencing problems related to the right to school and subsidized child care, housing, health insurance and child protection.

The Centre's lawyer also put on workshops for team members on various legal concepts to provide them with practical tools for their regular interventions.

#### **Partners**

The Centre has relied on valuable neighbourhood partners for a number of years to offer a wide range of activities to children.

The partnership with the Centre de loisirs sportifs Côtedes-Neiges, which is always popular, provides children and youth with access to sports, such as swimming and badminton, as well as camp spots, outings and rental sports equipment.

This year, a new partner, Cello Montreal, comprising musicians from the Montreal Symphony Orchestra, is offering free cello classes to three children from the Centre. In addition, the Université de Montréal school of music reserves spaces for a number of young children at summer music camps and activities.

All these services are provided free of charge by partners who believe in the Centre's mission and who are committed to developing the Côte-des-Neiges community.



#### Volunteering

Volunteers are a true extension of the team; they are dedicated and deeply engaged and are creative project leaders. They propose projects and know how to build trust with families and children. For example, Annie offered to help and support young Malcom in learning English using an app on her phone. The Centre has approximately 30 volunteers participating in various activities and 15 active Grands Amis matches.

**2,569 volunteer hours** were provided in cooking, arts activities, sports outings, homework assistance or grocery delivery during COVID-19 to families in need.





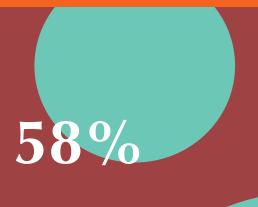
with a helmet, lock and water bottle. Receiving a bike, aside from the immense pleasure it gives, contributes to physical activity, promotes independence and self-fulfilment, and increases confidence and autonomy. There is also a challenge that comes with it: taking part in the Tour de l'île de Montréal in June. A challenge taken up successfully!

In July 2019, the Centre wanted to mark the relationship with its partners by inviting them to a cocktail reception as a show of recognition, which strengthened ties and further promoted the care and services offered to new partners, institutions and elected officials from the neighbourhood.

#### **Turning point**

COVID-19 marked the end of this period, and the entire team took on this challenge with great composure and commitment. The Centre quickly adapted and provided essential care and services by using new methods and new tools and by ensuring that all families were proactively reached early on in the lockdown. Workers used every tool at their disposal and even went above and beyond. They stayed the course to fulfill the mission, and for that we offer them our sincere thanks.

## Where do the donations come from?



## Government funding Government of Quebec

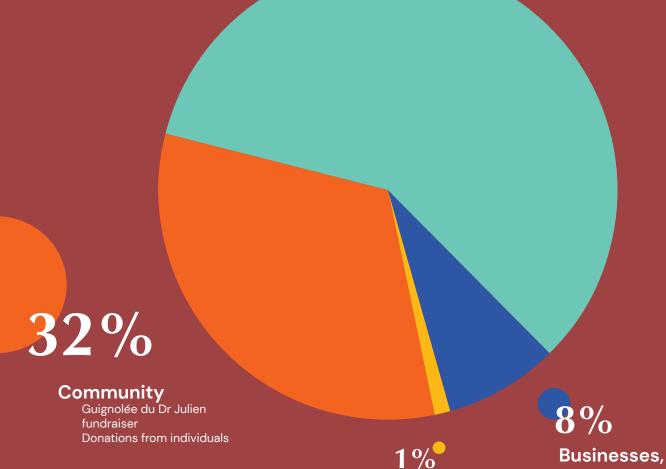
Other

contributions

Direct services to children, training, network deployment, research and management Support for deployment of the Quebec CSPC network Municipal

organizations and

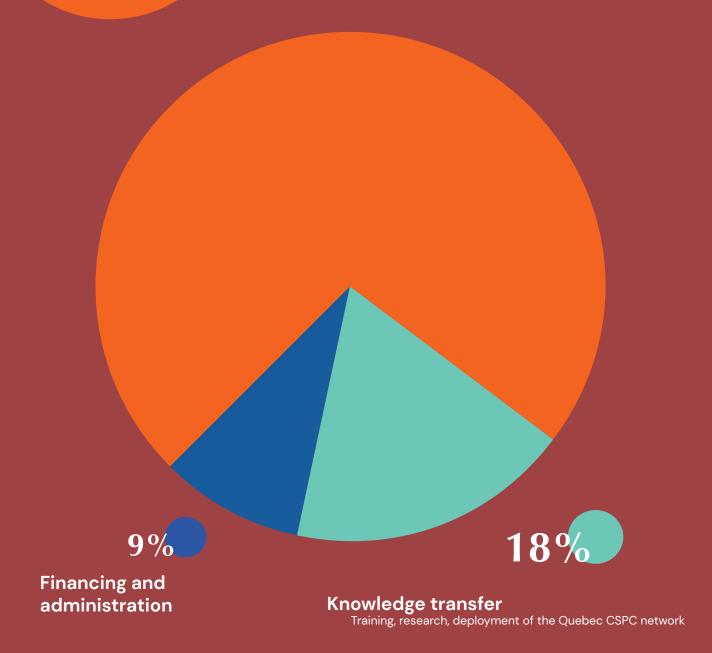
foundations



73%

#### Direct services to children Hochelaga-Maisonneuve Centre

Hochelaga-Maisonneuve Centre
Côte-des-Neiges Centre
Garage à musique
In-kind donations (goods and services)
Support for deployment of the Quebec CSPC network



Where do your donations go?

## Cumulative results

for the year ended March 31, 2020

	2020-03-31	2019-03-31
evenue	\$	\$
Contributions		
Grants		
Provincial		
Direct services to children	1 592 810	926 918
Training, network deployment, research and management	1 272 531	724 798
Support for deployment of the Quebec CSPC network	3 685 009	2 878 456
Municipal	600 000	508 36
Guignolée du Dr Julien fundraiser and benefit concert	1 603 873	1 781 07
Donations		
Individuals	2 320 589	1638 980
Businesses	77 245	134 090
Goods and services	42 594	141 456
Marcelle and Jean Coutu Foundation	547 339	167 573
Other foundations and organizations	403 237	707 17
Amortization of deferred contributions related to capital assets	75 930	75 59
Net investment revenue	15 587	426 246
Other	56 079	125 720
	12 292 823	10 236 449
penses		
Direct services to children and CSP training centre		
Direct services to children		
Centre Hochelaga-Maisonneuve	1 501 940	1 887 448
Centre Côte-des-Neiges	854 166	865 690
Garage à musique	1630 648	1 462 634
In-kind donations (goods and services)	78 067	188 250
	4 064 821	4 404 025
CSP training centre		
Training, network deployment and research	1946 069	1808 620
	6 010 890	6 212 645
Support for deployment of the Quebec CSPC network	3 685 009	2 878 456
Redistribution to CSPCs	120 346	34 250
Financing and general administration	941 075	1 010 72
Total expenses	10 757 320	10 136 07
ccess of revenue over expenses	1 535 503	100 377



Fondation Dr Julien
4765 Sainte-Catherine Street E., Montreal, QC H1V 1Z5
Tel.: 514-527-3777. Fax: 514-527-4323
fondationdrjulien.org